CHILDREN’S BIBLE LESSONS

LEVEL K
LESSON 3

Cain and Abel
Parents: Adam and Eve found a place to start farming after they were forced to leave the Garden of Eden. They also started a family. Eve gave birth to two sons, one named Cain and the other named Abel.
Parents: Explain that farming is a good profession and that Cain worked hard to provide food for his family. But he did not thank God or give Him credit for it. He thought he deserved the fruits of his labor and did not see that the blessings of God’s good weather produced the increase, not just his hard work.
Abel grew up to be a shepherd.

Parents: Abel knew that all he possessed was a blessing from God. When he gave his offering, he gave the very best of the flock. Abel knew that some day, Christ would be sacrificed like a lamb for people’s sins. Therefore Abel was grateful.
Cain and Abel brought their sacrifices to God.

Parents: God commanded Cain and Abel to bring an offering. In those days, it was a burnt sacrifice. Abel brought his best lamb as a sacrifice to God. Cain brought vegetables that he grew.
Parents: Have your child connect the dots and color the fruit and vegetables. These are some of the things that Adam and Eve and their children ate after they left the Garden of Eden. They had to work hard for food.
God didn’t accept Cain’s offering. This made Cain angry and jealous.

Parents: Explain that Cain should not have been angry. If his efforts had been truly the best he could do, he also would have been blessed like Abel. Instead, Cain became jealous of his brother’s blessings.
Cain was so angry with Abel that he killed him.

Parents: Cain was jealous of the blessings Abel received for the good sacrifice he brought to God. Cain lost his temper. In a fit of rage, Cain hit his brother Abel and killed him. This was a horrible sin in God's eyes. Explain what a curse is. Explain that coveting and murder are sins and that God's laws existed from the beginning.
Parents: Help your child locate the words listed above in the word search puzzle.
Cain was sent to wander in the land east of Eden.

Parents: Cain begged God not to curse him. Cain was sure that anyone who saw him would kill him for what he had done, but God marked Cain so that no one would kill him. Cain lived a full life and had a big family, but he had to wander from place to place.
Cain Wanders

Parents: Instruct your child to help Cain find his way through the wilderness to his campfire.
BIBLE MEMORY: I John 3:11-12

FILL IN THE BLANKS

Open your Bible and have your parents help you find the right word to complete each sentence.

1. Abel was a keeper of __ __ __ __ __ (Gen. 4:2).

2. Cain was a __ __ __ __ __ __ of the ground (Gen. 4:2).

3. Abel brought to God an offering of the __ __ __ __ __-__ __ __ __ __ of his flock (Gen. 4:4).

4. As punishment, __ __ __ __ __ __ was forced by God to wand-der (Gen. 4:16).